

Light Lunch

Seasonal Soup of the Day - 5.5

Served with Homemade Bread, Farmhouse butter. GF Available

Gluten/lactose/celery

Ham Hock Sourdough - 12

Riverfield Farm mixed leaves, Piccalilli,

Wholegrain Mustard Mayonnaise

Eggs/mustard

Baked Tuna & Sweetcorn Melt - 12

Dubliner cheddar cheese, Focaccia

Gluten/eggs/Dairy/Nuts

Caesar Salad -11

Baby Gem, Crispy Bacon, Parmasen Cheese

Roast Chicken, Caesar Dressing

Caesar Salad Wrap – 12

Gluten/Dairy

Superfood Salad -10

Avacado, Carrot, Pomegranate, Olives, Quinoa,

Cherry Tomatoes, Pickled Beetroot, Halloumi,

Salad Leaves

With Tofu – 11 / Roast Chicken 12.5 / Smoked Salmon 14

Possible traces of Gluten/soya

Sides

Skinny fries, garlic and sea salt 4.50

Sweet Potato Fries – 4.50

Scones and Cakes

Butter milk scones

Plain or fruit, served with berry jam & clotted cream
3.5

House made carrot & walnut cake *vanilla cream cheese* **3.5**

Coffee Cake Mocha Butter Cream **3.5**

Gluten/Dairy/Nuts

Tea & Coffee

Americano 3.5

Breakfast Tea 3.5

Cappuccino 3.7

Lavender Tea 3.7

Latte 3.7

Darjeeling 3.7

Espresso 3.5

Irish Whiskey 3.7

Mocha 3.7

Oolong Peach 3.7

Macchiato 3.5

Green Dragon Lung Ching 3.7

Hot Chocolate 3.7

Ayurveda Herbs & Ginger 3.7

Fruity Camomile 3.7