

Light Lunch

Ploughman Sourdough - 12

*Braised ham, Cheddar Cheese, Ballymaloe Relish,
Organic mixed leaves*

Gluten/Eggs/Dairy

Baked Tuna & Sweetcorn Melt - 12

Dubliner Cheddar Cheese, Focaccia

Gluten/Eggs/Dairy/Nuts

Sweet Chilli Chicken -12

*Roasted Chicken, Sweet Chilli Mayo, Melted
Cheese, Organic Mixed Leaves*

Ciabatta or Wrap

Gluten/Eggs/Dairy

Watermelon & Feta -10

*Compressed Watermelon, Marinated Feta,
Freshly Sliced Red Onion, Mixed Leaves,
Lemon Vinaigrette, Nuts & Seeds*

*With Tofu – 11 / Roast Chicken 12.5 / Smoked
Salmon 14*

Gluten/Eggs/Dairy/Nuts

Smashed Avocado & Heirloom Tomato -10

*Sourdough, Smashed Avocado, Heirloom Tomatoes,
Fresh herbs*

Gluten/ Nuts

Buttermilk Chicken Waffles - 12

Waffles, Buttermilk Chicken, Maple Syrup

Gluten/Eggs/Dairy

Velvet Cloud Waffles - 10

*Waffles, Velvet Cloud Yogurt, Berry Compote,
Fresh berries*

Gluten/Eggs/Dairy

Sides

Skinny fries, *Garlic and Sea Salt* 4.50

Sweet Potato Fries – 4.50

Scones and Cakes

Buttermilk scones

*Plain or Fruit, served with Berry Jam & Clotted
Cream* 3.5

House-made Carrot & Walnut Cake *Vanilla
Cream Cheese* 3.5

Coffee Cake *Mocha Butter Cream* 3.5

Sharing plate for 2 *Selection of 3 Freshly Baked
Cakes, Chefs Choice of the Day. Tea/ coffee included*
15

Gluten/Dairy/Nuts

Tea & Coffee

Americano 3.5

Breakfast Tea 3.5

Cappuccino 3.7

Lavender Tea 3.7

Latte 3.7

Darjeeling 3.7

Espresso 3.5

Irish Whiskey 3.7

Mocha 3.7

Oolong Peach 3.7

Macchiato 3.5

**Green Dragon Lung
Ching** 3.7

Hot Chocolate 3.7

**Ayurveda Herbs &
Ginger** 3.7

Fruity Camomile 3.7

Please ask your server for Vegan and Vegetarian Options